



Region I Office of the Assistant Secretary for Health, U.S. DHHS Women and Opioids Update

State of Connecticut General Assembly
Medical Assistance Program Oversight Council
Women and Children's Health Committee
June 18, 2018
Hartford, CT

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Office of the Assistant Secretary for Health, US DHHS
Region I, New England



US Department of Health and Human Services

Secretary Alex M. Azar II

Secretary's Priorities

- Opioid Crisis
- Health Insurance Reform
- Value Based Care
- Drug Pricing

HHS Opioid Crisis Response



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Prevention

Prevent opioid addiction, make better pain management choices

Treatment

Help is available for people with opioid use disorders

Recovery

Help and Support services help people continue to make healthy choices

Better Prevention, Treatment and Recovery Services



Better Data



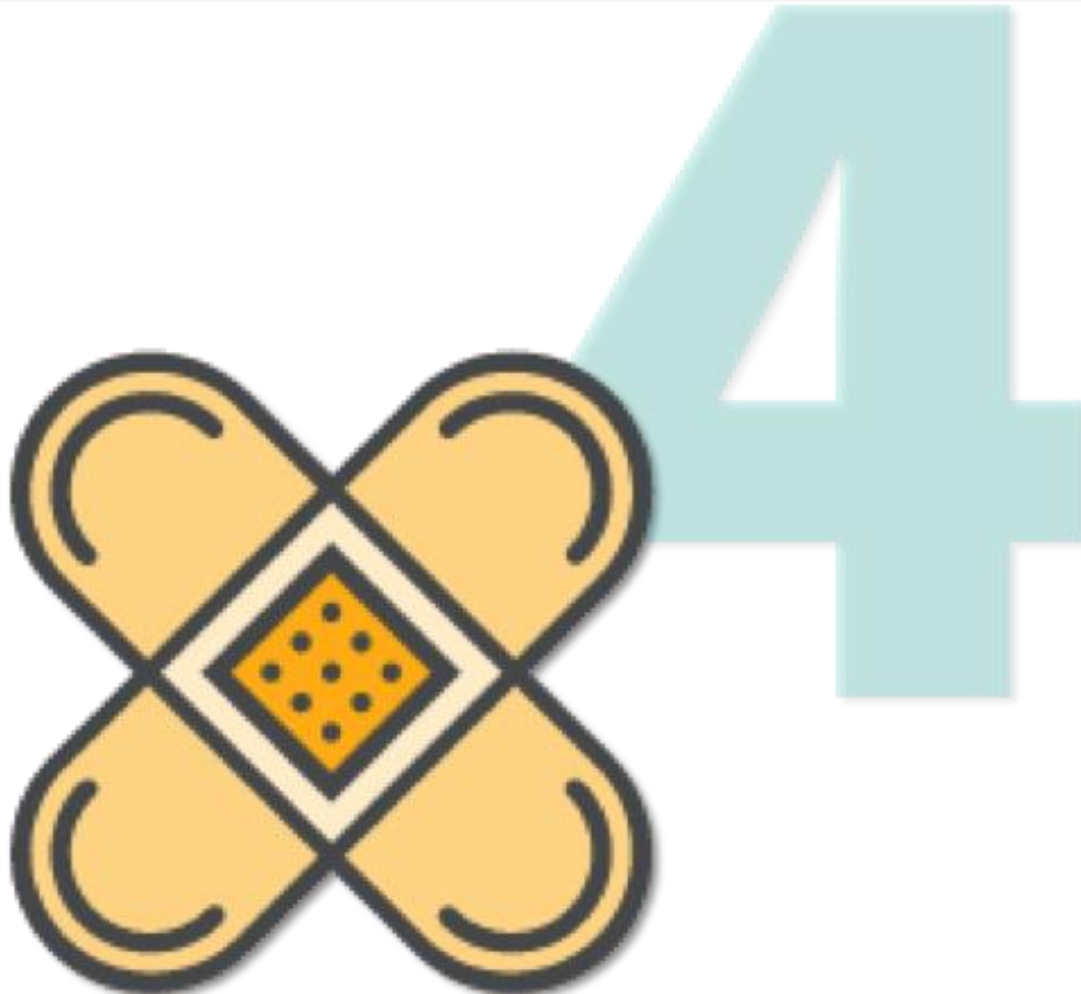
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Better Pain Management



3

Better Targeting of Overdose Reversing Drugs



Better Research



US Department of Health and Human Services

Office of the Secretary

(OASH) Office of the Assistant Secretary for Health
ADM Brett P. Giroir, M.D.

Office of the Surgeon General
VADM Jerome M. Adams, M.D., MPH

Regional Offices-
Betsy Rosenfeld, J.D.
Regional Health Administrator, Region I

Office of Minority Health
Office of Women's Health
Office of Population Affairs (Title X)

Additional Offices...

Operating Divisions

- (ACF) Administration for Children and Families
- (ACL) Administration for Community Living
- (AHRQ) Agency for Research and Quality
- (ATSDR) Agency for Toxic Substances and Disease Registry
- (CDC) Centers for Disease Control and Prevention
- (CMS) Centers for Medicaid and Medicare Services
- (FDA) Food and Drug Administration
- (HRSA) Health Resources and Services Administration
- (IHS) Indian Health Service
- (NIH) National Institutes of Health
- (SAMHSA) Substance Abuse and Mental Health Services Administration



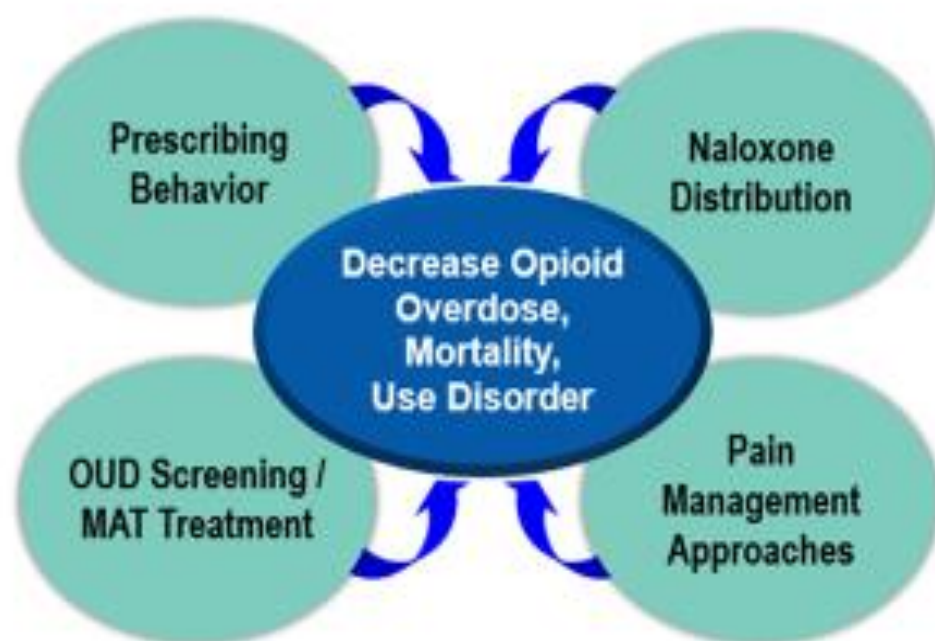
Region I Prevention Collaborative

Regional Director : John McGough
Secretary's Regional Representative

Region I HHS Operating Division Representatives
Region I OASH Representatives

FY2018 Focus on Opioids Crisis

CMS's Approach



*OUD: Opioid Use Disorder
MAT: Medication-Assisted Treatment*

- Awareness
- Education
- Technical Assistance
- Data as a Tool
- Policy
- Diversion Awareness

CMS Leverages Medicaid Program to Combat the Opioid Crisis

States provided guidance in designing treatment options for Opioid Epidemic

- ***Informational Bulletin*** on designing approaches to covering critical treatment services for Medicaid eligible infants with Neonatal Abstinence Syndrome (NAS)
- ***Enhancing Medicaid Technology-*** opioid technology guidance advises states on which funding authorities may support health information technology efforts that could be used for the prevention and treatment of negative opioid outcomes



Office on Women's Health (OWH)

Our vision

All women and girls achieve the best possible health.

Our mission

Provide national leadership and coordination to improve the health of women and girls through policy, education, and model programs.

Our goals

- Inform and influence policies
- Educate the public
- Educate health professionals
- Support innovative programs

OWH Programs

Website: www.womenshealth.gov

Lifespan Approach

- Women and Heart Disease/Stroke Awareness Campaigns

- Breastfeeding Promotion- African American Women, Workplace Support

- Female Genital Cutting: Community-Centered Health Care Support and Prevention Project

Trauma and Violence Prevention

- SOAR (Stop, Observe, Ask, Respond) Combating Human Trafficking Initiative

Educational

- College Sexual Assault Policy and Prevention Initiative

- IVP Provider Network

- Trauma Informed Health Care for Healthcare Providers

National Awareness Programs

- National Women and Girls HIV/AIDS Awareness Day, March 10th

- National Women's Health Week, May 13-19, 2018

Women and Opioids

Women, Opioids and Substance Abuse

- **Deaths from drug overdoses have increased dramatically, are currently the number one cause of injury death in the U.S.**
 - An increasing percentage are as a result of misuse and hazardous use of prescription opioids and heroin
 - Approximately 64,000 overdose deaths in US in 2016, 42,249 from opioids, with higher proportion from synthetic opioids
- **While overall rates have increased significantly, the increase among women has been the most dramatic**
 - Prescription opioid overdose increased 400% for women and 265% for men (in the decade between 1999 and 2010)
 - Rates of heroin use have doubled (Decade 2002/2004-2011-2014)
- **This is a national issue, but each region/state faces unique and particular challenges.**

Why Does Gender/Sex Matter?

- NIH Guidelines for Defining Sex/Gender
- Women Chronic Pain/Prescription Drug Use Higher Than Men
- Different Use Patterns Than Men
- Different Roles and Barriers to TX
 - Family Caregivers (childcare, housing, transportation)
- Different Risk Factors
 - Psychological & Emotional Distress
 - Anxiety and Depression
 - IPV, Sexual Assault, Trauma



Context of Women's Lives

- Cultural Reality
- Relationships
- Discrimination
- Sexual and Reproductive Health Critical
- Economics
- Social Determinants of Health

What We Know

- Significant Relationships Play Role in Initiation
- Telescoping
- Women Accelerate to Injecting Drugs at a Faster Rate Than Men
- Caregiver Role Can Temporarily Alter Use Patterns

Women's Pathways to OUD

- Pain
- Relationships
- Trauma Histories
- Co-occurring Disorders
- Stress
 - Caregiver Roles
 - Economic

OWH's Role in Addressing Opioids

- HHS Opioid Initiative
- Participation/Collaboration with HHS partners (NAS working group, ASPE 50 State Convening, HHS Women's Health Coordinating Committee, etc.)
- Identify and address gaps in ongoing conversations
- Leverage OWH's national leadership and coordination ability to highlight and address the unique challenges facing women



OWH Women and Opioids Products and Programs

OWH Grants to States to Address Opioid Misuse in Girls and Women

Region I – **Wheeler Clinic, CT** (A-SBIRT Trainings-Focus on Adolescent Girls)

Institute for Health and Recovery, Cambridge, MA (Focus on Women)

OWH 2016 National Meeting on Opioid Use, Misuse and Overdose in Women-
September 29-30, 2016

OWH White Paper, December 2016

OWH *Final Report: Opioid Use, Misuse and Overdose in Women*-July 2017

OWH and CDC Webinar: *Addressing the Unique Challenges of Opioid Use Disorder in Women*
January 2017

Region I OASH Women and Opioids Ongoing Work

- Region I Invitational Symposium- October 24-25, 2016
 - 6 NE State Teams Identified Gaps and Issues to Address Regarding Women and Opioids
- Presentations and Updates:
 - NERHRT, RI FQHC MAT, CT Women's Health Subcommittee, etc.
- Develop Regional Work Plan for Prioritizing and Addressing Cross Cutting Issues
 - Survey Planning Committee Members on Cross Cutting Issues
 - SAMHSA Technical Assistance
 - Region I OASH Logistics Contract
 - Communities of Color and Opioids
 - Pain Management Webinar
- Regional and/or Multi-State Work Groups, Conference Calls or Webinars

Region I OASH Women and Opioids Ongoing Work

- CARA- Comprehensive Recovery Act of 2016
 - 9 Titles
 - More Prevention and Treatment than past anti-drug initiatives
- CAPTA-Child Abuse Prevention and Treatment Act amended in 5th Title of CARA
 - Plan of Safe Care-Amends current provisions
 - States Receiving National \$ must
 - Address SUD TX needs of infant and family/caregiver
 - Specify Monitoring System for Compliance
 - National Clearinghouse and Best Practices on SCP development
 - Including Information on Addressing FASD Withdrawal Symptoms

CARA/CAPTA Continued

- Amends National Child Abuse and Neglect Data System (NCANDS) reporting
- New GAO Report on Prevalence of NAS

5th Title –Also Addresses Treatment for Pregnant and Post-Partum Women
Amends PHS law and Residential TX Programs for Pregnant and
Postpartum Women-Strengthening Grant Program Provisions

Provides for Therapeutic Comprehensive Childcare for
Children w/Parent in TX,
Supporting Reunification Where Appropriate

Pregnant and Postpartum Women/NAS

- ACOG
- CMS Webinar and Educational Materials
 - 6/11/18 CMS Informational Bulletin for States
- SAMHSA Piloting CME/CE Course on *Clinical Guidance for Treating Pregnant and Parenting Women with Opioid Use Disorder and Their Infants*
 - Region I Course: July 20, 2018 - UMass Medical School, Worcester, MA <http://bit.ly/MACMERegistration>

Region I OASH Women and Opioid Work

- Region I VA Women's Health Research and Resources Forum
 - June 2017
- Region I ACF Child Support Directors Forum Workshop
 - September 2017
- Older Women and SA Workshop- MA BSAS Women in Recovery Conference- April 2018
 - Increase in Alcohol Related ED Visits
 - Older Women Opioid Misuse Risk Factors



Important to Address Disparities and Stigma for Women with SUD/OUN

Comments and Questions?

Resources

SAMHSA- www.samhsa.gov

- Addressing The Needs of Women and Girls: Developing Core Competencies for Mental Health and Substance Abuse
- TIP 51: Substance Abuse Treatment: Addressing the Specific Needs of Women
- Guidance Document for Supporting Women in Co-ed Settings
- A Collaborative Approach to the Treatment of Pregnant Women with Opioid Use Disorders

Resources

- National Trauma Consortium: Enhancing Substance Abuse Recovery Through Integrated Trauma Treatment <https://www.samhsa.gov/sites/default/files/wcdvs-article.pdf>
- Office of National Drug Control Policy
- www.opioids.thetruth.com
- CMS – Opioid Crisis
- <https://www.cms.gov/About-CMS/Agency-Information/Emergency/Opioid-Crisis.html>
 - <https://www.medicaid.gov/federal-policy-guidance/downloads/cib060818.pdf>
 - <https://www.medicaid.gov/federal-policy-guidance/downloads/smd18006.pdf>
- OWH- www.owh.gov
 - White Paper: Opioid Use, Misuse, and Overdose in Women
 - Final Report: Opioid Use, Misuse and Overdose in Women



Thank You

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